Make your kids fall in love with studies

A Masterclass by Swati Goyal

Are we on a same Page?

Let's do an Activity:)

What do you do? when your kid runs away from studying

Let's understand multiple intelligences



Visual Learners

- 1. Prefer Visual Aids: Visual learners benefit from the use of visual aids such as charts, graphs, diagrams, and maps to understand information.
- 2. Enjoy Reading: They often enjoy reading and may prefer written instructions over verbal explanations.
- 3. Remember Images and Faces: Visual learners have a strong ability to remember faces, images, and details from visual stimuli.
- 4. Learn through Observation: They learn well by observing demonstrations, videos, or other visual presentations.
- 5. Use Color Coding: Visual learners may use color coding in notes, highlighting important information to enhance their visual memory.
- 6. Draw or Doodle: They may engage in drawing or doodling while listening or processing information, as it helps them concentrate.
- 7. Enjoy Visual Arts: Visual learners often have an appreciation for visual arts such as painting, drawing, and photography.

- 8. Good with Maps and Directions: They tend to be good at reading maps and remembering spatial relationships, making them adept at navigation.
- 9. Create Mental Images: Visual learners often create mental images to remember information, associating concepts with visual representations.
- 10. Prefer Illustrated Materials: They may prefer textbooks and learning materials with visuals, illustrations, and pictures.
- 11. Excel in Visual Subjects: Visual learners may excel in subjects like art, geography, and geometry, where visual representation is essential.
- 12. Daydream in Pictures: During daydreaming or imagination, visual learners may think in images rather than words.
- 13. Spatial Awareness: Visual learners tend to have good spatial awareness and may find it easy to visualize objects in three-dimensional space.
- 14. Easily Distracted by Visual Stimuli: They might be easily distracted by visual stimuli in their environment.

Auditory Learners:

- 1. Prefer Verbal Instructions: Auditory learners understand and retain information best when it is presented verbally, either through spoken instructions or discussions.
- 2. Enjoy Listening to Lectures: They often benefit from lectures, discussions, and audio-based learning materials.
- 3. Learn through Group Discussions: Auditory learners thrive in group settings and enjoy engaging in discussions to solidify their understanding of concepts.
- 5. Remember Information Through Sound: They may remember information by associating it with sounds or rhythms, and may find it helpful to repeat information aloud.
- 6. Prefer Audiobooks or Podcasts: Auditory learners may prefer learning through audiobooks, podcasts, or recorded lectures.
- 7. Enjoy Music While Studying: Some auditory learners find that background music, especially without lyrics, can enhance their focus and concentration.

- 8. Participate in Study Groups: They benefit from participating in study groups where they can discuss and explain concepts with others.
- 9.Effective Verbal Communication: Auditory learners may excel in subjects that involve strong verbal communication skills, such as languages and debate.
- 10. Prefer Oral Explanations: When seeking clarification, auditory learners may prefer having concepts explained verbally rather than through written instructions.
- 11. Enjoy Rhymes and Mnemonics: They may use rhymes, chants, or mnemonic devices involving sound to remember information.
- 12. Participate in Oral Presentations: Auditory learners may excel in oral presentations and speeches.

May Talk to Themselves:

- 13, Some auditory learners find it helpful to talk through problems or information aloud, even if it's just to themselves.
- 14. May Be Sensitive to Tone of Voice: Auditory learners may be sensitive to the tone and inflection of a speaker's voice, which can influence their understanding and engagement.

Read/Write Learners

- 1.Prefer Textbooks and Written Material, instructions, and other printed materials as their primary sources of information.
- 2. Enjoy Reading: They have a strong inclination toward reading and may be comfortable learning through written texts.
- 3. Take Detailed Notes: Read/write learners are likely to take detailed and organized notes during lectures and study sessions.
- 3. Thrive in Written Assignments: Benefit from Written Instructions
- 5.Create Lists and Outlines: They may use lists, outlines, and written frameworks to organize and structure information.

- 6.Enjoy Writing Responses
- 7. Excel in Written Exams: They often perform well in exams that involve written responses, essay questions, and long-form answers.
- 8. Appreciate Written Feedback: Feedback provided in written form is often more helpful and effective for read/write learners.
- 9.Enjoy Writing as a Hobby: Read/write learners may enjoy writing as a hobby, such as keeping a diary, blogging, or creative writing.

Kinaesthetic Learners

- 1.Learn by doing and benefit from hands-on experiences.
- 2. Prefer incorporating movement into learning and may use tools like stress balls.
- 3. Thrive in subjects with physical activities, such as sports or laboratory experiments.
- 4. Find it challenging to sit still for extended periods and benefit from short breaks for movement.
- 5. Naturally use gestures and body language to express themselves and understand information.

- 6.Remember information through muscle memory and physical sensations.
- 7.Learn well through demonstrations and examples, imitating actions.
- 8. Use tactile learning tools like models, puzzles, or interactive software.
- 9. Enjoy learning outdoors or in dynamic environments.
- 10. Prefer subjects with hands-on labs and experiments.
- 11.Express themselves creatively through physical movement, like dance or drama.
- 12. Enjoy activities with physical challenges, enhancing engagement and learning.

Logical-Mathematical Learners

- 1. Enjoys solving puzzles, riddles, and logical problems.
- 2.Seeks patterns and connections in information and concepts.
- 3. Excels at critical thinking and problem-solving activities.
- 4. Benefits from analyzing cause-and-effect relationships.
- 5. Prefers structured and organized learning materials.

- 6.Appreciates the use of logic and reasoning in explanations.
- 7. Enjoys exploring mathematical concepts and formulas.
- 8.Learns well from breaking down complex topics into smaller parts.
- 9. Tends to ask probing questions to understand underlying principles.
- 10. Connects with subjects that require logical analysis, such as math and science.

Social/Interpersonal Learners

- 1. Thrives in group discussions and collaborative learning environments.
- 2. Enjoys participating in study groups and team projects.
- 3.Benefits from explaining concepts to peers and learning from their insights.
- 4. Prefers working on tasks that involve interaction and cooperation.
- 5. Learns well from engaging in debates and sharing viewpoints.

- 6. Enjoys teaching others and sharing knowledge.
- 7. Appreciates cooperative learning activities and peer feedback.
- 8. Values teamwork and feels motivated by group achievements.
- 9. Finds it helpful to connect with mentors and peers for guidance.
 - 10. Seeks opportunities to interact with others while learning

Solitary / Intrapersonal Learners

- 1. Prefers quiet and focused study environments.
- 2. Excels in self-directed learning and independent research.
- 3.Benefits from setting personal learning goals and tracking progress.
- 4. Reflects deeply on concepts and materials during solitary study.
- 5. Enjoys self-paced learning and self-assessment.
- 6. Tends to be introspective and values self-discovery.

- 7. Finds value in journaling and written reflections.
- 8. Appreciates the opportunity to work on projects alone.
- 9. Learns well by setting aside dedicated time for contemplation.
- 10. Seeks personal understanding and mastery of subjects.

Musical Learners

- 1.Enjoy Listening to Music: Musical learners have a heightened appreciation for music and often enjoy listening to various genres.
- 2.Use Music as a Memory Aid: They may use music and rhythm to help remember and recall information, creating mnemonic devices or songs.
- 3.Learn Well through Melodies: Musical learners may find that information presented in a melodic or rhythmic manner is easier to grasp and remember.
- 4.Respond to Sound Cues: They respond well to auditory cues, such as alarms, timers, or other sound-based reminders.
- 5.Excel in Music-Related Subjects: Musical learners may naturally excel in subjects related to music, such as music theory, composition, or playing instrume

- 6.Benefit from Background Music: Some musical learners find that having background music while studying enhances concentration and focus.
- 7.Use Rhythmic Patterns for Understanding: They may use rhythmic patterns to understand and organize information, creating mental structures based on beats or rhythms.
- 8.Enjoy Creating Music: Musical learners may engage in creating their own music, whether it's playing instruments, composing, or singing.
- 9. Remember Lyrics and Tunes: They have a tendency to remember song lyrics and musical tunes easily.
- 10.Learn Well through Audio Resources: Podcasts, audiobooks, and other audio resources are effective for musical learners.
- 11.Respond to Soundscapes: Musical learners may be particularly attuned to the auditory environment, appreciating and responding to various sounds and tones.
- 12.Benefit from Musical Mnemonics: They may use musical mnemonics or rhymes to remember information.

Naturalistic Learners:

- 1. Connects well with nature and the environment.
- 2.Learns from real-life experiences and hands-on exploration.
- 3. Engages with subjects related to the natural world and ecosystems.
- 4. Benefits from outdoor activities and field trips.
- 5. Finds value in connecting abstract concepts to real-world scenarios.
- 6. Enjoys studying natural phenomena and ecological systems.

- 7. Learns through observation of plants, animals, and their interactions.
- 8.Excels in understanding environmental issues and sustainability.
- 9. Values hands-on experiences that involve the outdoors.
- 10. Connects with subjects that have a strong connection to nature.

How to deal with Kinaesthetic Learners

1. **Hands-On Manipulatives:** building blocks, playdough, and puzzles and reinforce counting, sorting, and pattern creation.

2. Sensory Play Adventures:

Immersive water play and themed sensory bins; diverse textures and thematic exploration.

3. Gross Motor Activities for Cognitive Skills:

Integration of jumping, scavenger hunts, and obstacle courses; counting and letter recognition through physical activities.

4. Interactive Educational Games:

Engagement in "Simon Says" and "Musical Chairs"; seamlessly merging physical movement with educational content

5. **Imaginative Role-Playing**:

Encouragement of imaginative scenarios through role-playing; providing props and costumes to enhance creativity and movement in learning.

6. Rhythmic Learning Through Dance and Music:

Educational concepts with music and dance; integrating movement for a rhythmic and engaging learning experience

7. Outdoor Learning Adventures:

nature walks, scavenger hunts, and outdoor games; connecting education with the natural environment for hands-on exploration.

8. Tactile Learning Tools:

hands-on writing tools like crayons and markers; incorporation of tactile materials such as sandpaper letters for multi-sensory learning experiences.

9. Storytelling with Movement:

storytelling through movement; utilization of props and interactive picture books to engage children in the narrative.

10. Playful Challenges for Learning

Creation of challenges and games involving physical movement and problem-solving; making learning a dynamic and enjoyable experience.

11. Celebrating Achievements with Movement:

like mini dance parties or high-fives; positively reinforcing achievements and success through movement.

Dealing with Social Learners

- Cooperative Play Activities
- Group Story Time and Discussions
- Collaborative Art Projects for Kids
- Themed Learning Adventures Together
- Learning Buddies for Shared Activities
- Interactive Storytelling with Props
- Circle Time Discussions for Social Interaction
- Outdoor Exploration in Group Settings
- Classroom Pet Responsibilities and Teamwork

- Group Sing-Alongs and Movement
- Dramatic Play in Social Scenarios
- Joint Snack Time and Conversation
- Themed Dress-Up Days for Creativity
- Classroom Jobs Promoting Cooperation:
- Group Celebrations for Special Occasions
- Classroom Collaborative Art Wall
- Themed Dress-Up Days

How to deal with Intrapersonal/ Solitary Learners

- 1. Create cozy reading nooks
- 2. learning journals for the child to document thoughts
- 3. quiet time for personal reflections
- 4. Present challenges or puzzles
- 5. Personalized Art Stations
- 6. independent writing sessions
- 7. mindfulness and relaxation activities
- 8. Personalised Timetables
- 9. Leadership Books

Dealing with musical learners

Musical Alphabet and Numbers
Sing-Along Story Time
Rhythmic Counting and Math
Musical Instruments Exploration
Musical Memory Games
Interactive Music Apps
Musical Story Compositions
Musical Puzzles
Songs for Daily Routines
Musical-themed Art Projects

Interactive Music Workshops
Music and Movement Activities
Musical-themed Science Experiments
Personalized Learning Songs
Music-themed Nature Walks
Instrument-making Crafts
Musical Patterns and Sequences
Collaborative Musical Performances
Celebrating Achievements with
Musical Moments

Dealing with Logical Learners

Number-based Puzzles

Math Games and Board Games

Building and Construction Activities

Pattern Recognition Exercises

Math Story Problems

Logical Board Games

Coding Games for Kids:

Sorting and Categorizing

Logic-based Storytelling

Scientific Experiments and Observations

Number Line Exploration:

Critical Thinking Picture Books:

Shape Recognition and

Manipulation:

Logical Challenges and Brain

Teasers:

Codebreaking Activities:

Logic-based Art Projects:

Number Patterns with

Manipulatives:

Logical Sorting Games:

Collaborative Problem-Solving:

Dealing with Linguistic Learners

Reading Aloud
Storytelling and Narrative Writing
Word Games and Puzzles
Journaling and Diary Writing
Literacy-based Arts and Crafts
Rhyming and Phonics Activities
Word Wall and Vocabulary Building
Spelling Bees and Dictation Exercises
Creative Writing Prompts
Reading Comprehension Discussions

Poetry Appreciation
Speech and Debate Activities
Literary Role-Playing
Language Learning Apps
Book Clubs and Reading Groups
Literacy-themed Board Games
Story Sequencing Activities
Cross-Curricular Writing Projects
Multilingual Exposure
Book-making and Publishing

Dealing with Read/Write Learners

Phonics and Word Games

Reading Aloud

Writing Centers

Story Creation and Writing

Word Hunts and Scavenger Hunts

Interactive Word Walls

Personalized Alphabet Books

Literacy Apps and E-Books

Spelling and Vocabulary Games

Journaling

Letter Recognition Activities

Word Building with Manipulatives

Story Sequencing

Creative Writing Prompts

Read-and-Write Role-Playing

Book Discussions

Word Bingo and Matching Games

Literacy-themed Crafts

Bookmaking Activities

Literacy-based Story Maps

Dealing with Naturalistic learners

Nature Walks and Exploration
Outdoor Classroom Activities
Nature-themed Storytelling
Planting and Gardening
Nature-based Art Projects
Bird Watching and Identification
Outdoor Science Experiments
Nature Scavenger Hunts
Outdoor Yoga and Mindfulness
Nature Journaling

Nature-inspired Sensory Bins Weather Tracking and Recording **Outdoor Reading Nooks** Nature-themed Board Games Nature Conservation Projects Tree Identification and Study Nature-based Math Activities Nature-inspired Songs and Music **Outdoor Cooking and Nutrition** Nature-themed Story Maps

Dealing with Non Verbal Learners

Visual Communication Systems
Use of Visual Aids
Gesture and Body Language
Sign Language
Visual Schedules and Timers
Choice Boards
Visual Social Stories
Interactive Visual Apps
Use of Augmentative and
Alternative
Sensory Supports

Adapted Play and Learning Materials
Visual Rewards and Reinforcements
Visual Puzzles and Matching Games
Collaboration with Speech and
Language Therapists
Facilitate Peer Interactions
Modeling and Imitation Activities
Visual Cue Cards for Emotions
Structured Visual Play
Create a Visual Communication Board
Establish Consistent Routines

Reward Chart



Daily Planner



Time	Activity	Note

My Calendar



Meal Planner

		N	cea1	Pla	Mne	er -	
	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
BREAK- FAST							
AM SNACK							
LUNCH							
PM SNACK							
DINNER							
WATER							
	SHOPPING LIST						

Good Habits

God Habits



Have you Slept for 8 hours today?

Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Did you dance for 7

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Have you done 6 sets of exercise today?

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Eat Baining

Did you eat 5 portions of fruits/vegetables?

Monday

Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Did you do Your 4 acts of kindness today?

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Did you drink at least 3 glasses of water today

Monday
Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Did you brush your teeth twice today? Monday Tuesday Wednesday Thursday Friday

Saturday

Sunday



Did you read one story today? Monday

Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

Did you have any junk food today Monday

Tuesday
Wednesday
Thursday
Friday
Saturday
Sunday

How am i Feeling right now



https://shinewithswati.volaverse.com/files/reel_doc.docx

Link